

Next Gen Biz-Fest

Burhani College recently hosted the vibrant Next Gen Biz-Fest 2025, a three-day celebration of innovation and entrepreneurial spirit. Designed to empower young business minds, the fest combined expert insights, competitions, and real-world market experiences to inspire future leaders.

Day 1: Expert Panel Discussion

The fest began with an engaging panel discussion featuring industry experts including Dr. Vidya Hattangadi, Mr. Huzaifa Samplewala, Mr. Akshay Dhamal, and Mr. Murtuza Mustafa Ujjainwala. The speakers shared their professional journeys and offered students valuable lessons on strategy, growth, and leadership. A felicitation ceremony followed, setting a positive and collaborative tone for the event.

Day 2: Business Model Competition

The second day focused on student innovation through the Business Model Competition. Teams presented original business ideas, judged by Mr. Azeez Sevvala, Prof. Mehmood Qureshi, and Prof. Husaina Boxwala. Emphasis was placed on feasibility, creativity, and market impact. Winning teams were awarded the same day, motivating students to keep refining their entrepreneurial vision.

Day 3: Business Mela – Innovators Arena

The fest concluded with the energetic Business Mela, inaugurated by Prof. Duriya Ranijiwala. Ten stalls—set up by students from Burhani College, ISIS College, and Maharashtra College—showcased products and services ranging from food and crafts to tech concepts. Participants gained hands-on experience in sales, customer interaction, and market adaptability.

A Lasting Impact

Next Gen Biz-Fest 2025 stood out as a transformative platform, encouraging students to think boldly and act innovatively. By blending learning with practical exposure, the fest strengthened Burhani College's culture of entrepreneurship and inspired students to turn ideas into impact.



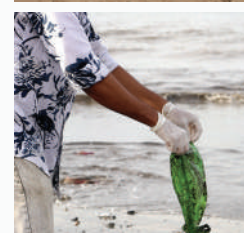
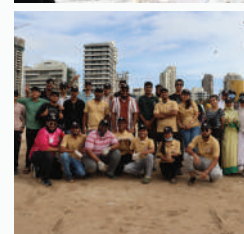
Beach Cleanup

Students from Burhani College, under the banner of Khoj Cares, took part in a beach clean-up event on Sunday, October 26, 2025, marking a meaningful step toward environmental sustainability. The initiative was organized in collaboration with "Change is Us," a youth-led campaign focused on making the world a better place.

The clean-up took place at Girgaon Chowpatty, one of Mumbai's most renowned beaches, which often suffers from pollution due to high foot traffic and littering. Equipped with gloves, trash bags, and a strong sense of responsibility, the enthusiastic students came together to collect bottles, wrappers, plastic waste, and various other debris from the shoreline.

This initiative not only contributed to a cleaner beach but also raised public awareness regarding the importance of preserving cleanliness and protecting marine life. The students exemplified how even small actions, when taken collectively, can yield significant and lasting impacts on the environment. By participating in this event, the students from Burhani College demonstrated their commitment to creating a healthier and cleaner planet.

The day concluded on a note of joy, satisfaction, and a renewed sense of purpose, illustrating that when we unite, we can indeed make a substantial difference.



Healthcare Initiatives

World Health Day-

On World Heart Day, a two-hour awareness program themed "Let Your Heart Stay Young!" aimed to raise awareness about heart health among students and staff. The program featured interesting talks provided by esteemed physicians and speakers including Dr. Aziz Kothawala, Dr. Azizullah Khan, Dr. Zaki, and Dr. Asad addressed the question, "Why is the Younger Generation Having Heart Attacks"?

Under the title "Learn to save a Life" a professional live CPR demonstration was presented, and post event interested participants were allowed to practice CPR on dummy. The program concluded with an interactive Q&A session.

In addition, to expand the program experience each student and staff received Heart Health Check-up Coupons valued at ₹999 demonstrating the educational institution's desire to promote early intervention and life-long health and wellness. Overall, the program provided awareness, education, and first-hand experience/skill for attendee to take home to promote heart health among community in which the students and staff live and work.



A Drop of Life-

Fatemi Cultural Cell, Burhani College held a highly successful blood donation on September 24th, 2025. **In association with Tarun Mitra Mandal and Saifee Hospital.**

The initiative aimed to contribute to the city's critical blood supply and raise awareness about the importance of voluntary blood donation. The camp saw an overwhelming turnout and an enthusiastic response from students, faculty, alumni, staff, and community members.

Long queues of donors, predominantly comprising young students & first-time donors, reflected the institution's commitment to social responsibility. A total of **110 blood bottles** were collected showcasing the community's willingness to make a difference.

Igniting Young Minds

Burhani College recently organized an inspiring seminar titled “Igniting Young Minds” to mark the 94th Birth Anniversary of Dr. A.P.J. Abdul Kalam. Held by the Department of Life Long Learning & Extension, the event celebrated Dr. Kalam’s legacy of innovation, scientific curiosity, and national service. The keynote speaker, Dr. Kashinath Damodar Deodhar, a renowned scientist, delivered an engaging lecture on his experiences with Dr. Kalam and India’s defence technology.



He shared insightful anecdotes highlighting Dr. Kalam’s humility, visionary thinking, and dedication to indigenous innovation. Emphasizing the importance of Atmanirbhar Bharat, Dr. Deodhar encouraged students to pursue careers in science and research, urging them to turn “dreams into thoughts, and thoughts into action.” The seminar concluded with an interactive Q&A session, followed by a heartfelt vote of thanks from the (IC) Principal.

Best Out Of Waste

The Green Club successfully organized the annual Best Out of Waste Competition for the academic year 2025–2026 on 30th September 2025, centered around the theme “Sustainable Innovation & Resourcefulness.” The event aimed to inspire students to creatively recycle and transform discarded materials into meaningful, useful, and artistic products. With enthusiastic participation from various departments, the competition showcased remarkable talent and environmental consciousness. The entries were evaluated by an esteemed panel of judges—Dr. Tejal Gade, CA Piyush Shah, and Prof. Duriya Ranijiwala—ensuring fairness and quality assessment.

The program was efficiently coordinated by the Green Club in collaboration with the Adventure Club under the guidance of Prof. Kaneez Ibrahim.

The winners were:

1st Prize – Zainab Kondkari (TYBA), 2nd Prize – Maryam Ansari (SYBA), and 3rd Prize – Madiba Saya (FYBA). Consolation Prizes were awarded to Shaikh Khadija (SYBA), Shaikh Md Faiz (FYBCOM), and Aliakbar Babuji (TYBMS).

The committee expressed heartfelt gratitude to the college authorities for their constant encouragement and support.

Techspectrum

The Techspectrum 2.0 Exhibition, was conducted by the students of B.Sc. Computer Science. It provided an open platform for students of different streams to present their innovative projects and show how theoretical knowledge could be given practical connotations. Besides letting the hidden technical talent of the students shine through, the exhibition would instill teamwork, problem-solving, and critical thinking into the minds of budding innovators. The exhibition officially began at 10:00 a.m. and was attended by distinguished judges — Dr. Ahtesham Shaikh (AP College), Dr. Gulzar Alam (I/C Principal, Burhani College), and Prof. Duriya Ranijiwala (Coordinator of BMS and BAMMC, Burhani College). Further to the already great value they added to the event, the contribution of years of academic and professional experience was beyond measure. Each presentation of projects epitomized the students understanding of recent technology, their ability to find solutions to any given problem creatively, and their dedication to innovation. This interaction created an atmosphere of intellectual exchange whereby every discussion sparked new perspectives and learning opportunities.



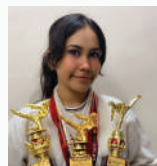
Student’s Achievements

Ms. Ifrah Chougulay, SYJC COMMERCE has brought laurel to our college by winning 2nd PLACE IN TWO EVENTS on 4th October, 2025 at Dr. Ramhari Kishan Dhote Udyan, Mahim.

500 Metres Race – 2nd Place
1000 Metres Race – 2nd Place



Ms. Ifrah Chougulay
(SYJC Commerce)



Ms. Afsha Ansari
(FYJC Arts)

Ms. Afsha Ansari (FYJC Arts) has made us shine at the DSO District Level Competitions!

Taekwondo – 2nd Place, Silver Medal

Karate – 3rd Place Bronze Medal

Her hard work, passion & determination inspire us all!

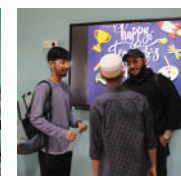
Teacher’s Day

Burhani College students organized a heartfelt and fun-filled program to celebrate Teacher’s Day and appreciate their educator’s hard work and dedication. The event brought together teachers and students in a warm and joyful atmosphere that truly reflected gratitude and respect.

Students then arranged a series of entertaining activities, the highlight being the “Heads Up Game.” A teacher was invited on stage and given a phone displaying the name of another teacher. The other teachers acted out clues while the teacher on stage guessed the name, creating moments of laughter and making the atmosphere cheerful and engaging. The hall echoed with excitement as teachers enthusiastically participated, showcasing a lighter and more playful side of themselves.

This was followed by a brief humorous performance by a fellow student who comically reversed roles, pretending to be a teacher addressing the educators. Another key highlight was a creative skit inspired by the famous classroom scene from 3 Idiots, where students showcased enthusiasm, creativity, and impressive improvisation. Their performance added a nostalgic and emotional touch to the program.

Teachers enjoyed every part of the celebration and expressed heartfelt gratitude to the students for their efforts. The event concluded with warm smiles, group photos, and a renewed sense of connection. The celebration not only brought joy but also strengthened the bond between teachers and students, making it a truly memorable Teacher’s Day.



Craft O Mania

The campus turned into a colourful hub of ideas, laughter, and teamwork during Craft-O-Mania, held from 25th to 27th September. The three-day event gave students the perfect stage to explore their artistic side and bring their imagination to life.

Organized by the Junior College Student's Council and the Creative Team, with support from the Media Team, the event was packed with excitement and participation from all sections.

Day 1 began with a Tilawat-e-Quran and a warm inauguration ceremony attended by Vice Principal Mr. Mehmood Qureshi and faculty members. The day featured fun-filled group competitions, Window Hangings, Butterfly Hangings, and Photo Booth Design where students worked together to create stunning craft pieces.

Day 2 focused on solo competitions, letting students showcase their individual creativity through Canvas Painting, Paper Flower Bouquet, and Circle Wall Hangings. Each piece reflected a unique sense of imagination and effort. The celebration ended on a high note with Fair Day on 27th September, as the auditorium buzzed with games, food stalls, crafts, and a thrilling Lucky Draw. The joyful energy perfectly summed up the spirit of Craft-O-Mania, creative, fun, and wholesome.



Math-A-Thon

Burhani College recently hosted its inaugural Math-a-Thon, an initiative aimed at strengthening mathematical skills while promoting teamwork and healthy competition among students. Held on campus, the event showcased the fun and interactive side of mathematics through simple yet engaging activities.

Students from various departments participated enthusiastically, taking part in math-based games and rapid problem-solving challenges that tested their logic, accuracy, and collaborative abilities. The atmosphere remained vibrant as teams exchanged ideas, competed spiritedly, and enjoyed the learning experience.

All participants received appreciation gifts, while winners were honoured with special prizes. The event successfully encouraged creative thinking, boosted confidence, and helped students discover that mathematics can be both enjoyable and engaging.

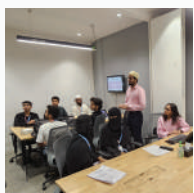


AD Shroff

Burhani College organized the 59th AD Shroff Memorial Elocution Competition on September 23rd, 2025, which took place with much excitement to the college students and faculty. The Elocution contest served as an exciting opportunity for public speaking and debate with the participating students addressed critical national and educational topics, specifically skills meeting corporate demands? Making India a Global Manufacturing Hub, Job Creators vs Job Seekers.

There were 24 students that participated in presenting their speeches, with approximately 108 others watching the Elocution contest. The First Prize winner was Iqra Kazi (TYBCOM), Second Prize winner was Kaneez Mansuri (BSc-CS), and the Third Prize winner was Khan Mubashirah (FYBA).

The two judges assessing the Elocution contest, Dr. Kiran Jadhav (HOD Economics at Bharatiya Vidya Bhavan's Hazarimal Somani College), and Ms. Rishika Binani (Assistant Professor and founder of Binani's Academy) complimented the students for their clarity and depth of research, confidence, and hope that we can encourage more students to participate in similar academic enriching forums.



Industrial Visits

Bitkraft

The Bitkraft team welcomed the students on the 17th & 18th of September with an ease that instantly softened the corporate atmosphere. Mr. Murtaza Paperwala and Ms. Shivani Kadam, along with other members of the Bitkraft Technology team, guided them across departments that quietly keep a tech company alive. Instead of giving them a dry, surface-level overview, the team opened up conversations about how projects evolve, how development cycles breathe, and how technologies grow inside a company's ecosystem. For many students, seeing development processes unfold in real time felt like discovering the backstage of a familiar play. Code wasn't just code anymore. It had context, deadlines, teamwork, and purpose. They observed how emerging technologies are evaluated and integrated, and how professionals communicate and collaborate to bring a product from idea to execution. The encounter with workplace expectations gave them an early sense of what it means to be reliable, curious, and adaptable in the IT sector.

Auto Institute

Students of Burhani College recently visited the Auto Institute, an organization based in Kurla. The purpose of this educational visit was to help students gain practical knowledge about the automobile manufacturing industry. During the visit, the students learned how different parts of automobiles are designed, engineered, and manufactured. This hands-on exposure helped them understand the functioning of the manufacturing sector more clearly and gave them a deeper appreciation of the processes involved.

Several important topics were covered during the session. Students were introduced to reverse engineering, failure research, and creative thinking, all of which are essential concepts in modern automotive technology and innovation. The instructors provided real-world examples that made the learning experience engaging and insightful.

The informative day concluded with a tour of the facility, guided by experts from the organization. Overall, the visit to the Auto Institute was highly beneficial, offering students valuable industry knowledge and practical exposure beyond the classroom.

Entrepreneurship Development

Under the guidance of Prof. Duriya Ranjiwala, the FYBMS students participated in an Entrepreneurship Development Activity as part of their Principles of Management subject. This initiative aimed to give students hands-on exposure to real business situations.

As a part of the activity, students were instructed to set up stalls within the college campus, allowing them to present and execute their business concepts in a practical environment. This interactive setup helped them understand market behaviour, customer interaction, teamwork, and product presentation.

The activity provided students with a valuable opportunity to showcase their creativity, innovative ideas, and entrepreneurial skills. By engaging directly with their peers and faculty, students gained confidence and a better understanding of how small businesses operate.

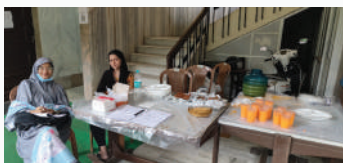
Overall, the Entrepreneurship Development Activity proved to be an enriching learning experience, inspiring students to think beyond the classroom and explore the exciting world of business.

I Wonder if I Can See

I wonder if I can see
Mountains, valleys and sea.
Like a beautiful star in the galaxy
I wish I could be free.
Exploring the exquisite places
Going into the deepest mazes
I wish I could fly high above the sky.
Seeing down is a sight for a sore eye
Chilly, freezing snowbird ski.
Dazzling, lavish blue light sea
Fluorescent beach, Shalimar garden.
In a lavender field away from burden
All above is where I wish to be
I wonder if I can see.



Azmatunissa Khan
(3rd Place Winner)
Pen & Pixel



My College Experience

I started a new life when I stepped into the campus of Burhani College. Many things running through my mind. I was feeling nervous about will I be able to adjust here? Fear of the unknown, what will happen? What will the studies be like? Excitement for a new chapter, new friends. Self doubt whether, Am I fit for this? Expectations from this experience. Anxiety about will I pass my exams? Curiosity for new professors, new subjects. Hope for the new opportunities & new experience.

Later I experienced many things which I didn't know before about my academic skills. I've learned about research & analysis methods, effective writing & presentation skills, time management, teamwork & collaboration.

In soft skills I've learned communication & interpersonal skills, leadership & self awareness skills. For personal growth I've learned self motivation, self esteem, confidence, independence & responsibility. For practical experience I've learned about Event planning/management, projects, volunteer work, networking & professional connections.

So overall the hardest part of college tends to be balancing the many different aspects. I've faced many challenges like difficult coursework or heavy workload, exam pressure & stress, managing multiple assignments & deadlines, balancing academic & extracurricular activities, dealing with failures & setbacks. I've faced this challenge as well, homesickness, self doubt.

In adjusting to a new environment, I've dealt with emotional ups & down, stress, anxiety, depression & many more. "College life has its share of challenges. It's not all fun & games."

But the best part of college life is friendship. College gifted me with lifelong friendships. Late night conversations, group studies, college events, road trips, inside jokes & memes, celebrating success & sharing personal stories & experience, bunking lectures, fun & laughter during lectures. This made all these memories best & unforgettable.

As I look back, I realise how much I've grown & learned in college. To all current & future college students, cherish every moment.

"As the great educator, Mary Mcleod Bethune, once said, 'We have a powerful potential in our youth, & we must have the courage to change old ideas & practices so that we may direct their power toward good ends.'"

"To my fellow & friends, Stay Connected & keep Shinning!"



Zainab Imran
(1st Place Winner)
Pen & Pixel

The Monsoon Adventure



Burhani College students embarked on an exciting two-day educational trip to Zara Resort, Lonavala—an experience designed to offer a refreshing break from routine academics while promoting learning beyond the classroom through recreation, teamwork, and exploration.

Day 1: Arrival & Resort Activities

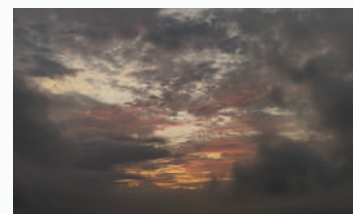
The group departed at 8:00 a.m. in three comfortably arranged buses, each accommodating around 40 students. After a short stop for snacks and shopping, they reached Zara Resort in Khandala just before lunchtime. Students checked into clean, well-maintained rooms and enjoyed a hearty lunch before heading to the pool for water games, volleyball, and other fun activities.



Day 2: Sightseeing Across Lonavala

After breakfast, the group checked out and proceeded for sightseeing. Their first stop was Tiger's Point, where students enjoyed sweeping hill views and captured memorable photographs. They then headed for lunch and souvenir shopping before visiting Lonavala Lake for a calm boating experience. The final stop was Sunset Point, offering a serene view of the setting sun and more photo opportunities.

The group returned to Mumbai with unforgettable memories—two days filled with laughter, friendship, and enriching experiences that beautifully blended relaxation, learning, and togetherness.



Hustle Anxiety

Every founder I meet today seems burnt out—tired eyes, unfinished coffee, and the same proud claim: “I sleep 3 to 4 hours.” Exhaustion has become a badge of honour, and this mindset is at the core of what we now call hustle culture. If you are not working late nights or constantly chasing goals, you start to feel guilty, as if slowing down means falling behind. I used to think the same way.

For years, I believed success required sacrificing sleep, peace of mind, and personal life. Social media amplified this belief: founders boasting about 18-hour workdays and “rise and grind” routines made it look like suffering was a prerequisite for achievement. And yes, that mindset can push you for a while—but eventually, it starts consuming you.

My turning point came when I realised I woke up feeling behind every single day. Before checking my phone, I was already anxious, comparing myself to people I didn’t even know. Asking “How can I become better?” initially helped me grow, but the pursuit became addictive. No matter what level I reached, the next level felt urgent. That is how ambition quietly turns into anxiety.

Today, this pattern is everywhere—especially among young founders and professionals. Many have no social life, no weekends, and believe that constant work defines their worth. When productivity becomes your identity, burnout is inevitable.

The impact is not just emotional; it is becoming a public health issue. In India, over 11,400 private-sector employees died by suicide in 2021, many due to work pressure and chronic stress. This is not hustle—it is a crisis.

We grew up hearing, “Do what you love,” but nobody warned us that passion can become harmful when it consumes every part of our lives. Social media makes it worse by showcasing curated success while hiding the struggle. We compare our chaos to others’ highlight reels and convince ourselves we are falling behind.

Hustle culture glorifies burnout. Rest is seen as laziness, and balance is mistaken for lack of ambition. As a result, people keep pushing until they break—mentally, physically, or emotionally.

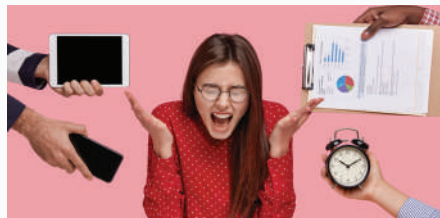
But success does not require self-destruction. Loving your work is healthy; overworking yourself is not. You can build meaningful things and still have a life outside of work. Stepping out of the comparison cycle takes awareness and courage, but it is essential.

If you feel constantly exhausted or anxious, pause—don’t quit, just pause. Ask yourself: “Am I chasing success, or running from fear?” For many of us, hustle is driven by fear: fear of being left behind, of missing out, of not being enough.

It is okay to dream big—but it is equally okay to rest. No milestone or social-media announcement is worth your mental peace. The goal is not only to build something big, but to build something meaningful—and you cannot do that while running on empty.



Burhanuddin Bootwala
(TYBMS)



Disappearing Art of Conversation

In today’s world, everyone is texting—grandparents, parents, teenagers, even kids barely out of childhood. Messaging has become the quickest, easiest way to communicate, speeding up life and shrinking distances. Yet ironically, as conversations have become faster, they’ve also become flatter. We talk more, but connect less.

A real conversation is more than just words. It’s tone, expression, mood, pauses, eye contact—everything that makes human interaction beautifully complex. A simple sentence said face-to-face can feel warm, harmless, or playful, but the same words over text can come off dry or rude. And no matter how hard we try, seriousness, sincerity, or even affection rarely carries the same weight through a message bubble.

Texting may help us multitask, especially in professional life, but the ease of digital communication often slips into our personal lives too. We end up replying to family members like they’re part of our work inbox—efficient, but emotionally distant.

Teenagers face the biggest impact. Childhood used to be about running outside, experimenting, discovering talents, and forming bonds through shared experiences. Today, it’s measured by how many gadgets you own. Instead of exploring the world, kids are exploring group chats. Instead of learning about themselves, they’re learning emojis. Convenience has replaced curiosity; instant gratification has replaced patience; screens have replaced childhood.

Lost in Emojis: The True Meaning of Conversation

So what exactly is a conversation? Today, the definition includes spoken, written, and digital exchange. But let’s be honest—does that really capture its soul?

A true conversation lives in the spaces between words: in the raised eyebrow, the soft smile, the shaky voice, the sigh of relief, the spark of excitement. It’s the presence of another human being—real, emotional, unfiltered. Emojis can’t replace empathy. A face-to-face conversation can reveal what an entire paragraph of texts cannot.

We’ve become fluent in emojis, but hesitant with emotion.

And what’s more troubling? We’re always “connected,” but rarely in a way that matters. Ask yourself: can you confidently say what your closest friend is mentally going through right now? Many of us can’t—because though we text daily, we rarely truly talk.

Even parents and children are drifting apart. A mother who once called out for dinner now sends a text message. It works, yes—but at what cost? Parents are plugged into the world, but unplugged from their own homes.

Therapy or Talk? The Future of Human Connection

The art of conversation has now taken a new shape—“therapy.” Therapists listen, decode, empathise, guide. But today, Gen-Z calls anything peaceful “therapeutic”—from colouring apps to playlists to silent scrolling. These aren’t solutions; they’re distractions. Temporary escapes that feel soothing but keep emotions buried deeper.

Imagine if people still opened up to trusted friends or family the way earlier generations did—maybe fewer of us would feel the need for constant “therapy” to simply feel heard.

Conversation won’t disappear. But the number of people who engage in it meaningfully might.

It will survive—but only for those who dare to look up from their screens long enough to experience the magic of genuine human connection.



Taher Motiwala
(TYBMS)

The Burnout Trap

Lately it feels like the world is moving faster than I can keep up with. Everywhere I turn on my phone, in conversations, in college there's this quiet but constant message that I should always be doing something useful. Taking a moment to just breathe feels almost irresponsible, and any time I rest, a part of me starts to feel guilty. The pressure to stay productive sits at the back of my mind like a shadow, even on days when all I really want is a bit of peace. What makes it even harder is the comparison. Online, it seems like everyone is doing everything at once learning new skills, scoring top grades, working part-time, building passion projects, keeping up with friends, and somehow still looking confident and put together. It makes me question myself: Am I doing enough? Am I already behind? Even when I achieve something, the feeling of satisfaction fades quickly. There's always another task waiting, another goal to chase, another invisible standard I'm supposed to meet.

I often catch myself wondering why my worth feels so tied to productivity in the first place. There are days when I'm mentally exhausted, when my thoughts feel heavy and even the smallest task feels like climbing a hill. But life doesn't slow down just because I'm tired. Deadlines keep coming, expectations stay in place, and that inner voice whispers, "Don't stop. You don't have time to slow down."

This pressure doesn't just fill up my schedule; it sinks into my emotions. It makes me anxious about the future and uncomfortable with the idea of rest. It makes me doubt my abilities and question whether I'm doing life "right." It's like constantly chasing something invisible that keeps moving a little further away every time I get close.

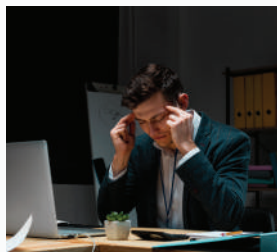
Slowly, though, I'm starting to learn that productivity is not the whole story. I am more than my grades, my to-do list, or the number of things I manage to finish in a day. There is value in simply being human in feeling, resting, learning at my own pace, and just existing without constantly performing. There is value in pausing for a moment, even when everything around me seems to be telling me to speed up.

I'm beginning to understand that real productivity doesn't come from nonstop pressure; it comes from balance. It comes from knowing when to push myself and when to step back. It means respecting my own limits and paying attention to what my mind and body are trying to tell me. Rest doesn't mean I'm lazy or weak. It means I care enough about myself to recharge so I can come back with more clarity and strength.

The pressure to stay productive is real, and it weighs heavily on many of us. But I want to remind myself and anyone who relates to this that it is okay to slow down. It is okay to not have everything figured out right now. It is okay to take breaks, to breathe, and to exist without constantly proving something. Life is not a race, and productivity is not the only way to measure a meaningful life. Sometimes the most "productive" thing we can do is take care of our well-being and trust that our journey is unfolding at the pace that is right for us.



Fatema Jam
(Visiting Faculty)



Talking or Just Texting?

Let us begin with the meaning of conversation.

Sacks, Schegloff & Jefferson (1974) describe it as "the most basic form of social interaction, built through turn-taking, self-correction, and the natural flow of talk."

In simpler terms, conversation is people speaking to each other in an organized, meaningful way — sharing thoughts, responding, correcting, and connecting.

Unfortunately, in today's digital age, this fundamental human skill is slowly fading.

With AI, social media, and constant online interaction, genuine conversation has taken a back seat. We spend less time discussing real issues — human emotions, relationships, society, or world events — and more time crafting idealized versions of ourselves online. Communication has shrunk into emojis, one-word replies, scrolling, and quick dopamine hits.

Deep, uninterrupted conversations are becoming rare. Notifications pull our attention every few seconds, and sitting with someone without reaching for a phone has become almost difficult. We talk online to be noticed, not to be understood.

Our digital habits have also made us more guarded. Being vulnerable feels risky, so many prefer hiding behind screens rather than expressing honest thoughts face-to-face. We confuse watching someone's stories with knowing their real life. But seeing where someone travelled isn't the same as knowing how they truly feel.

As meaningful conversation declines, loneliness quietly grows. Many young people have hundreds of virtual connections yet feel emotionally isolated. In earlier times, disagreements were resolved simply by talking; even today, traditional community dialogues like village panchayats show the power of honest conversation.

Another casualty of the digital age is the art of listening. Most people listen only to reply, not to understand. But true conversation requires presence — giving someone your attention without distraction.

Even small exchanges — a chat with a neighbour, a friend, or someone passing by — help us feel seen and connected. These everyday interactions are the threads that hold communities together. When they fade, so does our sense of belonging.

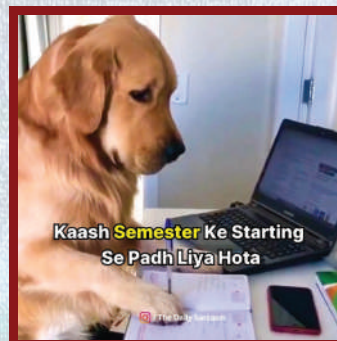
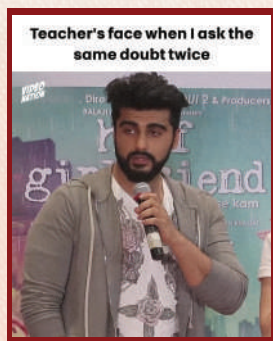
Reviving conversation doesn't require dramatic change. Simple habits — keeping phones away during meals, scheduling regular catch-ups, discussing current events, or being fully present with someone — can help rebuild what we're slowly losing.

If we allow the art of conversation to disappear, we risk losing a part of our humanity itself. Conversation isn't just communication — it is connection, understanding, healing, and the foundation of community.



Taiba Ma'am
(Visiting Faculty)

Humour Parody



Jokes

Why don't eggs tell jokes?
Because they'd crack each other up!

Why was the math book sad?
It had too many problems.

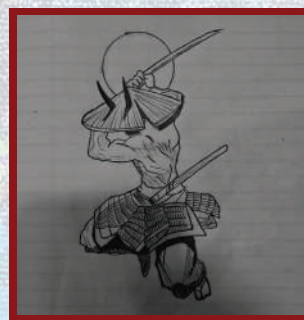
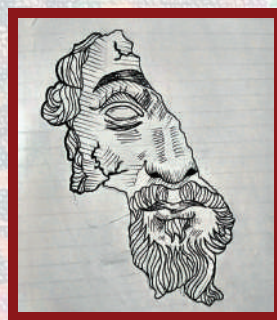
What do you call fake spaghetti?
An impasta.

Why did the scarecrow win an award?
He was outstanding in his field!

Why don't skeletons fight?
They don't have the guts.

What's a computer's favourite snack?
Microchips.

Knock knock.
Who's there?
Cow says.
Cow says who?
No silly... cow says moo!



Aliakbar Babuji
(TY BMS)

From the Artist Corner

Braniacs

Which sport uses the terms "deuce" and "love"?

Which is the largest desert in the world?

Which is the smallest continent on Earth?

Which movie won the Oscar for Best Picture in 2024?

Which is the longest-running cartoon TV show?

Who holds the record for the most Olympic gold medals?

Who was the first woman Prime Minister of India?

In which year was the Quit India Movement launched?

Who is known as the father of the computer?

Which mission recently made India the first country to land near the Moon's south pole?

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Answers:-
1. Tennis 2. Antarctic Desert 3. Australia 4. Oppenheimer 5. The Simpsons 6. Michael Phelps 7. Indira Gandhi 8. 1942 9. Charles Babbage 10. Chandrayaan-3

Background painted by:- Shruti Shah